

## Venue Contact Details

**Bromley Farm Community Centre**  
Edinburgh Road Congleton CW12 3EN  
Glen Williams on 01260 279707,  
or email: bscdt@tiscali.co.uk

**Bromley Farm Wellbeing Hub**  
17 Parnell Square CW12 3EQ  
07873 653 408 or email:  
bromleyfarmhub@gmail.com

**Chappell Centre**  
83-87 Leek Rd Mossley Congleton  
CW12 3LJ  
01260 281601 or email:  
manager@chappellcentre.co.uk

**Congleton Children Centre**  
New Street Congleton CW12 3AH  
Mon - Thurs 9 am - 5 pm  
Fri 9 am - 4:30 pm  
01260 371 061 or email:  
congccadmin@cheshireeast.gov.uk

**Congleton Cricket Club**  
Booth Street CW12 4DG  
01260 275601 or email:  
info@congletoncricketclub.co.uk

**Congleton Town Hall (Bluey's)**  
High Street CW12 1BN  
01260 270350 or email:  
info@congleton-tc.gov.uk  
Food & Friendship - Mark Bailey  
07722 008421

**Congleton Library**  
Market Square CW12 1ET  
Mon 9 am - 7 pm  
Tues-Fri 9 am - 5 pm  
Sat 9 am - 1 pm  
01260 375550 or email: congleton.  
library@cheshireeast.gov.uk

**Old Saw Mill**  
Back River Street CW12 1HQ  
01260 277658 or email:  
info@theoldsawmill.org

**Mind Body Sole**  
www.mindbodysole.uk  
@mindbodysoleuk or email:  
Help@MindBodySole.UK

**All Saints -  
St John's Community Centre**  
Buglawton Buxton Old Road  
CW12 2ES  
01260 271103 or email:  
peterhouldsworth@hotmail.co.uk

**Ruby's Fund**  
Meridian House Roe Street  
CW12 1PG  
01260 277666 or email:  
info@rubysfund.co.uk

## Churches

**All Saints - Congleton Parish**  
Chapel Street CW12 4AB  
01260 273212 or email:  
admin@allsaintscongleton.org.uk

**Cross Street Church**  
Cross Street CW12 1HQ.  
01260 273635 or email:  
andrew@crossstreetchurch.co.uk

**New Life Church**  
West Road CW12 4EY  
01260 297961 or email:  
mail@nlchurch.org.uk

**St Mary's Catholic Church**  
30 West Road CW12 4ES  
01260 273314 or email:  
stmarysrc.congleton@gmail.com

**Trinity Methodist Church**  
Wagg St CW12 4BA  
01260 270899 or email:  
office@danetrentmethodist.org.uk

**United Reformed Church**  
Antrobus ST CW12 1HE  
01260 273901 or email:  
barbarafarrington@hotmail.co.uk

# Congleton Cares

Congleton Town Council and partners are working together  
to support residents over winter

The timetable overleaf gives a snapshot of activities, for both young and old alike, places of support which provide a warm welcome, advice and comfort.

The list isn't exhaustive but aims to give a wide range of daily choices. Please contact the venues directly (all contact details are listed on the back) and remember to ask what else they have going on.



### Food & Friendship at Congleton Town Hall

A free hot meal for local residents and families who are isolated, in need of a little help and support. Mondays & Thursdays 11:30 am – 1:30 pm. For more information, book your place or have an informal chat contact Mark Bailey 07722 008 421



### Congleton Library Customer Service Desk (Blue Badge, Benefits, Railcard)

A range of support services & signposting advice can be provided via the Library - Phone: 01260 375550, Email: congleton.library@cheshireeast.gov.uk  
Mon 10 am – 7 pm, Tues, Wed, Thurs 10 am – 5 pm, Fri 10 am – 1 pm, Sat 9 am – 1 pm



### The Storehouse

New Life Church Food Bank. Mon – Fri  
9:30 am – 2:30 pm. Parcels are by referral,  
there are more 50 agencies that can help.  
Visit [www.nlchurch.org.uk/storehouse](http://www.nlchurch.org.uk/storehouse)



### The Green Tree House

Congleton Social Supermarket. Wed, Fri &  
Sat 10 am – 3 pm.  
No referral is needed.



### Big Clothes Movements

Trying to recycle as many clothes as possible in Cheshire East! Fill up a bag for just £2, children's clothes 0-6 years old. Women's and men's clothing is available at some events. Regular events are held in Congleton, visit: [www.facebook.com/kidsswapshop](http://www.facebook.com/kidsswapshop) for the latest event information.

TUESDAY 26TH MARCH 10AM - 3PM

CONGLETON TOWN HALL

## COMMUNITY HEALTH & WELLBEING FAYRE

Free Entry, Drop in and see what  
your community has to offer!

Congleton Leisure Centre

Worrall Street,  
Congleton, CW12 1DT **everybody**  
01260 387717

Café, Soft Play Area, Gym, Pool  
and a range of health classes & programmes.

Mon-Fri: 6 am - 10 pm, Sat-Sun: 7 am - 6 pm

<https://everybody.org.uk/locations/congleton/>

## Volunteering

Most of our groups and venues listed run on volunteer power, volunteering can help you learn new skills, meet new people, gain confidence, build relationships and make a difference.

For a list of current volunteering opportunities contact  
[cathy.dean@congleton-tc.gov.uk](mailto:cathy.dean@congleton-tc.gov.uk)

## Donate

If you don't need the help and support of a food bank and can afford to, why not donate to help residents in your area who are struggling and need the extra help?

You can donate directly to your local food bank or at collection points, such as in supermarkets.

Disclaimer: We have taken care to ensure the accuracy of information; no responsibility can be accepted for errors or omissions. If you feel some information is incorrect or details have changed please contact [info@congleton-tc.gov.uk](mailto:info@congleton-tc.gov.uk)



## Monday

**Cricket Club - Company Corner**  
Every Monday 10 am - 12 pm  
*Don't be alone, come in for a coffee and a cake and see a friendly face!*

### **The Old Saw Mill - Mama's Voices**

Every Monday 11 am - 12 pm  
*Free singing group for expectant Mums and new parents*

### **Town Hall - Food & Friendship**

Every Monday 11:30 am - 1:30 pm  
*Free hot food & some company*

### **Mental Health Support - Mind Body Sole**

Every Monday 12 pm - 5 pm  
*Congleton Town Football Club drop-in.*

### **Bromley Farm CC - Never Too Old to Have Fun Group**

Every Monday 12 pm - 2 pm  
*Fun for Seniors, Free lunch.*

### **Trinity Methodist Church - Stitch & Chat**

Every Monday 2 pm - 4 pm  
*Participation in the stitching part isn't mandatory!*

### **Library - Story and Tea (For Grownups)**

Fourth Monday of the month 2:30 pm - 3:30 pm  
*Come along to our friendly reading group with a difference. Free.*

### **Library - Code Club**

Every Monday 5:30 pm - 6:30 pm  
*Learn to code children aged 7 - 11 years. Booking required.*

### **St Johns Community - Shine Toddlers**

Every Monday 9:30 am & 11:30 am  
*Toddler Group - Two sessions*

### **St Johns Community - Beartown Belles**

Every Monday 5:30 pm - 8:30 pm  
*Dance Troupe - Tots, Children & Seniors.*

## Tuesday

**New Life Church - Jubilee Club**  
Every Tuesday 10 am - 12 pm  
*Meet new people and learn a new skill, activities include allotments, cooking, crafts and chatting!*

### **Library - Stories & Songs**

Every Tuesday 10:30 am - 11 am  
*Stories, rhymes and activities for pre-school children. Free.*

### **Chappell Centre - Limber for Later Life**

Every Tuesday 11 am - 12 pm & 12 pm - 1 pm  
*Gentle exercise class for the young at heart.*

### **Congleton Leisure Centre - Menopause Cafe**

Second and fourth Tuesdays of the month 12 pm - 1:30 pm  
*For those affected by the Menopause. Coffee & Cake.*

### **The Old Saw Mill - Dove Buddies**

Every Third Tuesday of the Month 1 pm - 2:30 pm  
*Anyone experiencing loss and/or isolation.*

### **New Life Church - Little Angels 0-5 Parent & Toddler Group**

Every Tuesday 1 pm - 2:30 pm (term time)  
*Refreshments available. £1.50 parent + child.*

### **New Life Church - Job Club**

Every Tuesday 1 pm - 3 pm (term time)  
*Help for those seeking work*

### **Old Saw Mill - Knit and Natter**

Every Tuesday 2 pm - 3 pm  
*Meet, mingle and trade yarns with local knitters!*

### **Bromley Farm Hub Friends**

Every Tuesday 1 pm - 4 pm  
*Tea, Coffee & Snack. Drop-In*

### **Library - Keen Cooks**

Second Tuesday of the month 2:15 pm - 3 pm  
*Join the tastiest book group in town! Free.*

### **St John's Community - Mugs and Games**

Every Tuesday 6:30 pm - 9:30 pm  
*A board game club.*

## Wednesday

### **United Reformed Church - Mum & Tots**

Every Wednesday 10 am - 11:30 am (term time)  
*Refreshments available. £2.50 per family.*

### **United Reformed Church - Coffee Morning or Bereavement Group**

Alternate Wednesdays 10 am - 12 pm  
*Church open for refreshments alternates with the bereavement session.*

### **Cross Street Church - Parent & Toddler Group**

Every Wednesday 10 am - 11:30 am (term time)  
*Refreshments available. £2 per family.*

### **St John's Community - Exercise For Life**

Every Wednesday 10 am - 11 am  
*Exercise for older adults - £4.*

### **Library - Good Vibrations**

Alternate Wednesdays 10:30 am - 11:30 am  
*Join us for a feel-good sing-a-long. Free.*

### **Children's Centre - Little Stars**

Every Thursday 1:30 pm - 2:40 pm  
*For children 0-5 with diagnosed or undiagnosed additional needs.*

### **The Old Saw Mill - Craft Group**

Every Wednesday 2 pm - 4 pm.  
*Craft group.*

### **Library - Crafternoon Tea**

1st & 3rd Wednesday of the month 2:30 pm - 3:30 pm  
*A monthly group for adults. £1 materials and refreshments.*

### **St John's Community - Tea & Church**

Every second Wednesday 3:30 pm  
*Worship followed by high tea.*

### **Bromley Farm Hub - Peer Support Group**

Wednesday monthly 8 pm - 9 pm  
*Share problems or just come for a chat. Free.*

## Thursday

### **Bromley Farm CC - Time Out Group**

Every Thursday 10 am - 3 pm  
*Gives those living with early-onset of Dementia the opportunity to have time out from home. Costing £20.*

### **Library - Rhymetime**

Every Thursday 10:30 am - 11 am (term time)  
*For Pre-school children. Rhymes and songs. Free.*

### **Chappell Centre - Bible Study Group**

Every Thursday 11:30 am - 12:30 pm  
*Weekly Bible study and discussion group. Contact 01260 281601*

### **Town Hall - Food & Friendship**

Every Thursday 11:30 am - 1:30 pm  
*Free hot food & some company.*

### **Library - Relish Book Club**

Every Thursday 1 pm - 3 pm  
*Adults looking to improve mental health, socialise & relax over refreshments. Free.*

### **Library - Baby Rhymetime**

Every Thursday 2:15 pm - 2:45 pm (term time)  
*For babies under 12 months or not yet walking. Free.*

### **Mind Body Sole - Mental Health Support**

Every Thursday 5 pm - 8 pm  
*Congleton Town Football Club drop-in session.*

### **St John's Community - Mugs and Games**

Every Thursday 6:30 pm - 9:30 pm  
*A board game club.*

### **Old Saw Mill - Mentell**

Every Thursday 7 pm - 9 pm  
*Support Group for men.*

## Friday

### **Bromley Farm Hub - Stay & Play**

Every Friday 10 am - 11:30 am  
*Children 0-4, Snack and drinks.*

### **New Life Church - Forget Me Not Group**

2nd & 4th Friday of the month 10:30 am - 12 pm  
*Social group for carers and people living with Dementia.*

### **The Old Saw Mill - Lunch Club**

Meals are delivered every Friday  
*A 'meals on wheels' scheme delivered every Friday to eligible residents, cost of £5.*

### **St John's Community - Luncheon Club**

Every Friday from 12 pm  
*Enjoy a hearty home-cooked meal and fellowship (£4 donation). Free community transport is available.*

### **Cross Street Church - Nourish (Food for Body & Soul)**

3rd Friday or each month 12 pm  
*Booking required. £4 each.*

### **Cricket Club - Sequence Tea Dance**

Every Friday at 1 pm  
*Dance and social club, you don't have to dance!*

### **Children's Centre - Stay & Play**

Every Friday 1:30 pm - 2:30 pm  
*Parents/Carers for children up to 5 years, drop in.*

### **Library - Let's Chat**

1st Friday of each month 2 pm - 3 pm  
*Join us for a cuppa and talk about this and that. Free.*

### **New Life Church - The LA (Less Able Club)**

Every 2nd Friday of the month 2:30 pm - 4 pm  
*Includes tea, coffee, bingo and entertainment. £20 per year.*

### **Cross Street Church - Lighthouse Children's Club**

Every Friday 5:30 pm - 7 pm (term time)  
*Primary school-aged children.*

## Saturday

### **Astbury Mere - Park Run**

Every Saturday 9 am start.  
*Free timed 5k run or walk. Dogs welcome.*

### **Library - Lego Club**

Every Saturday 10 am - 12 pm  
*All children welcome. Duplo available for younger children. Free.*

### **Ruby's Fund - SMILE Group**

1st Saturday of the month 10 am - 12 pm  
*Perinatal mental health group.*

### **The Old Saw Mill - Congleton Repair Cafe**

Last Saturday of the month 10 am - 2 pm  
*Bring your broken possessions and have them fixed. Free (Donations welcome).*

### **Ruby's Fund - Saturday SEND Social**

1st Saturday of the month 1:30 pm - 3:30 pm  
*Saturday social for families with SEND children.*

### **United Reformed Church - Youth Group**

Every other Saturday 7 pm - 9 pm (term time)  
*Drop in session*

## Sunday

### **All Saints St Stephen's Church Service**

Every Sunday 9:30 am & 11 am  
*Refreshments are served in-between.*

### **Trinity Methodist Church Service**

Every Sunday 10 am  
*Refreshments served after.*

### **United Reformed Church Service**

Every Sunday 10:30 am  
*Refreshments served after.*

### **New Life Church Service**

Every Sunday 10:30 am  
*Refreshments served after.*

### **Cross Street Church Service**

Every Sunday 10:30 am  
*Refreshments served after.*

### **St Mary's Catholic Church**

Every Sunday 8:30 am & 10:30 am  
*Refreshments served after.*

### **All Saints St Peter - Space and Time (Drop-In)**

Every Sunday 11 am  
*Refreshments served throughout*

### **Cricket Club - Mental Wellbeing with Music**

Sunday monthly 7 pm - 9 pm  
*Discos for adults 18+ with disabilities, feeling isolated or lonely. £2 per person (carers free).*

## Supplies

Congleton Library has supplies of duvets, blankets, gloves and slow cookers for families in need. Please contact 01260 375550 for more information.

## Struggling to get online?

Springboard are offering free data sim cards to eligible people. Please contact 01260 290682 for more information.

## Financial Support

National Debt Line - free, impartial, expert debt advice. Freephone 0808 808 4000 - [www.nationaldebtline.org](http://www.nationaldebtline.org)

Money Helper - Free money and pensions guidance. [www.moneyhelper.org.uk](http://www.moneyhelper.org.uk)

Citizens Advice - Confidential advice online. [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)